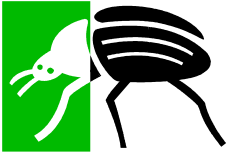


“BUG BUSTING” (combing to eradicate head lice)



All you need is:

- A lice detection comb (available from the pharmacy)
- A bottle of hair conditioner
- Patience!

How to go “BUG BUSTING”

- 1 Wet hair and shampoo as usual
- 2 Apply conditioner, comb hair thoroughly, section by section, using a **detection** comb. Ensure that you comb the hair thoroughly from the scalp to the ends. It is much easier to do this if a conditioner is liberally applied and left on the hair – long hair should be combed with a normal comb or brush first.
- 3 Wipe the comb between each stroke on a white cloth, lice can be detected in deposits of conditioners.
- 4 Continue to comb through hair section by section until the whole of the head has been covered and no more lice can be found.
- 5 Rinse hair and dry as normal.
- 6 Repeat the above **every three days for two weeks**.

“**BUG BUSTING**” works by removing lice from the head before they reach maturity and are able to lay more eggs. Combing only removes lice and not eggs therefore perseverance is needed. Lice are not inclined to move off the head where they hatch until they are nearly fully grown – at least six days after hatching.

“BUG BUSTING” should be carried out on all family members, every week, to detect any new infestation.

By detecting infestation early, it can be easily dealt with. Don't wait until your head begins to itch – it can take six weeks or more for an 'itch' to develop, in some cases people can have lice for several months and yet their head still does not itch. *Therefore, it is important that you check all friends and family members, including grandparents, aunts and uncles.*